Most of what is known about the California Trail comes from emigrants themselves in journals, letters, and reminiscences. Emigrants reflected on the weather, resources in the area, landmarks they passed, daily activities, and much more in their personal histories.

Be an emigrant for the day. Write about your adventure at the California Trail Interpretive Center, or write as an emigrant. Remember to include the weather, what you did, and how long you walked!

____________ (date)