Activity - How would you fare?

Theme: Fresh food was scarce in most places along the California Trail, leaving emigrants to supply their own provisions for their journey.

Goals: Students will compare their lives to those in the past, focusing on the conveniences of modern life.

Objectives: Students will be able to:
1. Name one food that was common on the trail
2. Compare typical modern meal to an emigrant meal

Standards:
H2.4.2 Describe the experiences of pioneers moving west.
H3.4.1 Compare and/or contrast their daily lives with children in Nevada’s past.
How would you fare?

Imagine your favorite food. Now imagine eating it every day for 5 months. Would it still be your favorite? Emigrants needed to bring enough food with them on the California Trail to last them at least 5 months. Draw a picture of your typical dinner and the typical dinner of an emigrant.

My dinner

What is the same?

What is Different?

If you could eat something every day for 5 months, what would it be?

Emigrant dinner

Food needed to last at least 5 months on the trail. How was their food preserved?

How is your food preserved?

With the food list provided, create a recipe an emigrant would love!